

LAST NAME	FIRST NAME	SWIM DIST	PTS SWIM	BIKE WATTS	BIKE PTS	RUN DIST	RUN PTS	TOTAL SCORE	Category
Sanders	Lionel	1230m	825 pts	419 watts	938 pts	5k-15:20	875 pts	2638 pts	1st 20-29m
Veal Relay	Ed	1150m	775 pts	447 watts	994 pts	4500m	775 pts	2544 pts	1st relay
Jones	Tristen	1175m	788 pts	279 watts	658 pts	4500m	775 pts	2221 pts	1st jrs /2 all
Lambert	Nick	1175m	788 pts	283 watts	666 pts	4400m	750 pts	2204 pts	2nd jr /3r all
Donnelly	Liam	1150,	775 pts	234 watts	568 pts	4800m	850 pts	2193 pts	3rd jr/4th all
Belanger-Melancon	Pierre-Luc	1075m	738 pts	303 watts	706 pts	4200m	700 pts	2144 pts	2nd 20-29m
Henderson	Sean	975m	675 pts	329 watts	758 pts	4100m	675 pts	2108 pts	1st 30-39m
Hopton	David	1175m	788 pts	297 watts	694 pts	3900m	625pts	2107 pts	3rd 20-29m
Porten	Hans	1025m	713 pts	239 watts	778 pts	3800m	600 pts	2091 pts	1st 60-69m
Vanderlinden	Alex	1175m	788 pts	180 watts	460 pts	4600m	800 pts	2048 pts	4th 20-29m
Fitzgerald	Liam	1125m	763 pts	220 watts	540 pts	4000m	650 pts	1953 pts	1st 15< m
Pogacar	Kevin	1075m	738 pts	257 watts	614 pts	3800m	600 pts	1952 pts	5th 20-29m
Chant	Jacob	1150m	775 pts	220 watts ?	540 pts	3900m	625 pts	1940 pts	2nd 15< m
Gupta-Baltazar	Kira	1175m	788 pts	220 watts	540 pts	3800m	600 pts	1928 pts	1st f / 1st jr
Quick	Angela	1175m	788 pts	245 watts	590 pts	3600m	550 pts	1928 pts	2nd f/ 1st 20-29f
Skain	Cate	1150m	775 pts	220 watts	540 pts	3800m	600 pts	1915 pts	3rd f/ 2nd 20-29f
Kubas	Ella	1150m	775 pts	215 watts	530 pts	3800m	600 pts	1905 pts	2nd jr f
Nichol	Greg	900m	650 pts	300 watts	700 pts	3600m	550 pts	1900 pts	1st 40-49m
Marilly	Mathieu	1000m	700 pts	211 watts	522 pts	4100m	675 pts	1897 pts	2nd 30-39m
Beck	Justin	900m	650 pts	254 watts	608 pts	3900m	625 pts	1883 pts	3rd 30-39m
White	Paul	850m	600 pts	286 watts	672 pts	3800m	600 pts	1872 pts	1st 450-59 m
Dekker	Niels	950m	675 pts	300 watts	700 pts	3300m	475 pts	1850 pts	4th 30-39m
Lambert	Alex	1150m	775 pts	173 watts	446 pts	3900m	625 pts	1846 pts	3rd 15< male
Loughton	Geoff	850m	600 pts	285 watts	670 pts	3700m	575 pts	1845 pts	6th 20-29m
Henderson	Lindsay	950m	675 pts	256 watts	612 pts	3600m	550 pts	1837 pts	3rd 20-29 femal
Uglo-Luis Lopez	relay team	975m	688 pts	266 watts	632 pts	3400m	500 pts	1820 pts	2nd relay team
Skain	John	925m	663 pts	278 watts	656 pts	3400m	500 pts	1819 pts	2nd 50-59m
Mason	Garrett	1050m	725 pts	201 watts	502 pts	3700m	575pts	1802 pts	4th jr men
Snider-McGrath	Benoit	975m	675 pts	184 watts	468 pts	4000m	650 pts	1793 pts	7th 20-29 male
Myers	Mike	850m	600 pts	266 watts	632 pts	3600m	550 pts	1782 pts	2nd 40-49 male
Baerg	Connor	950m	675 pts	178 watts	456 pts	4000m	650 pts	1781 pts	5th jr man
Berger	Liam	1200m	800 pts	177 watts	454 pts	3500m	525 pts	1779 pts	6th jr man
Bolger	Elise	1200m	800 pts	150 watts	400 pts	3700m	575pts	1775 pts	4th 20-29 femal
Uglo	David	850m	600 pts	271 watts	642 pts	3500m	525 pts	1767 pts	2nd 60-69 male
Hagarty	Eamon	1175m	788 pts	177 watts	454 pts	3400m	500 pts	1742 pts	4th 15< men
Peach	Katie	875m	625 pts	215 watts	530 pts	3700m	575pts	1730 pts	5th 20-29female
Sverzut	Danilo	875m	625 pts	250 watts	600 pts	3400m	500 pts	1725 pts	5th 30-39 male
Fairfield	Rob	900m	650 pts	232 watts	564 pts	3400m	500 pts	1714 pts	3rd 50-59 male
Lesser	Bob	925m	663 pts	225 watts	550 pts	3400m	500 pts	1713 pts	4th 50-59 male
Mcloughlin	Keith	775m	525 pts	268 watts	636 pts	3600m	550 pts	1711 pts	8th 20-29 male
Johnston	Donald	875m	625 pts	228 watts	556 pts	3500m	525 pts	1706 pts	9th 20-29 male
Brockbank	Scot	850m	600 pts	217 watts	534 pts	3500m	525 pts	1659 pts	5th 50-59 male
Fairfield	Jack	1050m	725 pts	115 watts	330 pts	3800m	600 pts	1655 pts	5th 15< male
Snyder	Ava	1100m	750 pts	163 watts	426 pts	3300m	475 pts	1651 pts	1st 15< female
Abbots	Derek	800m	550 pts	235 watts	570 pts	3500m	525 pts	1645 pts	6th 30-39 male
Sullivan	Kathryn	925m	663 pts	151 watts	402 pts	3700m	575 pts	1640 pts	1st 50-59 female
Brennan	Keven	975m	688 pts	163 watts	426 pts	3500m	525pts	1639 pts	7th jr men
Hall	Isac	775m	525 pts	262 watts	632 pts	3300m	475 pts	1632 pts	7th 30-39 male

LAST NAME	FIRST NAME	SWIM DIST	PTS SWIM	BIKE WATTS	BIKE PTS	RUN DIST	RUN PTS	TOTAL SCORE	Category
Capon	Aliyah	1075m	738 pts	170 watts	440 pts	3200m	450 pts	1628 pts	2nd 15< female
Vian	Darren	675m	425 pts	264 watts	628 pts	3700m	575 pts	1628 pts	3rd 40-49 male
Krawiec	Norbert	825m	575 pts	221 watts	542 pts	3400m	500 pts	1617 pts	4th 40-49 male
Murray	Maddie	1125m	763 PTS	151 watts	402 pts	3200m	450 pts	1615 pts	3rd jr female
Luciani	Christopher	900m	650 pts	207 watts	514 pts	3200m	450 pts	1614 pts	8th 30-39 male
Trottier	Zain-Olivier	1125m	763 pts	124 watts	348 pts	3400m	500 pts	1611 pts	6th 15< male
Phillips	Kevin	775m	525 pts	211 watts	522 pts	3600m	550 pts	1597 pts	5th 40-49 male
Dexter	Matt	750m	500 pts	222 watts	544 pts	3600m	550 pts	1594 pts	9th 30-39 male
Sullivan	Sarah Rose	850m	600 pts	145 watts	390 pts	3800m	600 pts	1590 pts	3rd 15< female
Knuckey	Bob	725m	475 pts	225 watts	550 pts	3500m	525 pts	1550 pts	1st 70-79 male
Fenton	Chilyn	1125m	763 pts	143 watts	386 pts	3000m	400 pts	1549 pts	4th jr female
Wilmot	Simon	975m	688 pts	228 watts	556 pts	2600m	300 pts	1544 pts	10th 30-39 male
Rolfe	John	825m	575 pts	216 watts	532 pts	3100m	425pts	1532 pts	6th 50-59 male
Miller	Andrew	750m	500 pts	139 watts	378 pts	4000m	650 pts	1528 pts	11th 30-39 male
Bejjany	Sasha	850m	600 pts	183 watts	466 pts	3200m	450 pts	1516 pts	1st 40-49 female
Hook	Ken	725m	475 pts	217 watts	534 pts	3400m	500 pts	1509 pts	3rd 60-69 male
Hamm	Zach	925m	663 pts	168 watts	436 pts	3000m	400 pts	1499 pts	7th 15< men
Partridge	Mark	825m	575 pts	203 watts	506 pts	3000m	400 pts	1481 pts	12th 30-39 male
VandenBussche	Jessica	800m	550 pts	184 watts	468 pts	3200m	450 pts	1468 pts	6th 20-29 female
Tougas	Lynn	775m	525 pts	196 watts	492 pts	3200m	450 pts	1467 pts	2nd 40-49 female
Abramovitch	Igor	800m	550 pts	232 watts	564 pts	2800m	350 pts	1464 pts	13th 30-39 male
Sanders	Becky	700m	450 pts	179 watts	458 pts	3600m	550 pts	1458 pts	2nd 50-59 female
Hall	Alex	775m	525 pts	234 watts	568 pts	2800m	350 pts	1443 pts	14th 30-39 male
Fitzgerald	Avery	975m	688 pts	159 watts	418 pts	2700m	325pts	1431 pts	5th jr female
Butcher	Kiara	825m	575 pts	149 watts	398 pts	3200m	450 pts	1423 pts	4th 15< women
Chinchilla	Reegan	950m	675 pts	107 watts	314 pts	3100m	425pts	1414 pts	5th 15< women
Baerg	Taya	800m	550 pts	93 watts	286 pts	3700m	575pts	1411 pts	6th 15< women
Nic Cadouc Relay/Patricia Lopez		925m	663 pts	147 watts	394 pts	2800m	350 pts	1407 pts	3rd relay team
Athens-Hunsberger	Koulie	975m	688 pts	300watts	700 pts?	didn't run?		1388 pts	8th junior man
Martin-Chan	Timothy	975m	688 pts	196 watts	492 pts	2000m	200 pts	1380 pts	10 th 20-29 male
Gillis	Sarah	900m	650 pts	96 watts	292 pts	3000m	400 pts	1342 pts	7th 15< women
Sturrock	Haley	1100m	750 pts	237 watts	574 pts	dnr	dnr	1324 pts	6th junior women
Keppenre	Benoit	725m	475 pts	123 watts	346 pts	3400m	500 pts	1321 pts	6th 40-49 men
Dertinger	Kathryn	700m	450 pts	159 watts	418 pts	3200m	450 pts	1318 pts	3rd 50-59 female
Wieclawski	Mark	650m	400 pts	165 watts	430 pts	3300m	475 pts	1305 pts	15th 30-39 male
Slykerman	Cory	675m	425 pts	136 watts	372 pts	3400m	500 pts	1297 pts	7th 50-59 men
Cook	Cathy	700m	450 pts	168 watts	436 pts	2900m	375 pts	1261 pts	3rd 40-49 female
Norton	Nancy	825m	575 pts	123 watts	346 pts	2700m	325pts	1246 pts	4th 40-49 female
Doan	Khoi	600m	350 pts	184 watts	468 pts	3100m	425 pts	1243 pts	16th 30-39 male
Cairns	Stephen	750m	500 pts	143 watts	386 pts	2800m	350 pts	1236 pts	4th 560-69 male
Rochon	Alexander	900 m	650 pts	117 watts	334 pts	2300m	240 pts	1224 pts	8th 15< men
Breeson	John	975m	688 pts	207 watts	514 pts	no run	zero	1202 pts	11th 20-29 male
Lahporia	Imraan	675m	425 pts	158 watts	416 pts	2800m	350 pts	1191 pts	7th 40-49 men
Forth	Michael	800m	550 pts	130 watts	360 pts	2500m	275 pts	1185 pts	5th 60-69 men
Palmer	Aydin	725m	475 pts	82 watts	264 pts	3100m	425 pts	1164 pts	9th 15< men
Green	Sean	600m	350 pts	205 watts	510 pts	2600m	300 pts	1160 pts	8th 50-59 men
Broughton	Graham	725m	475 pts	116 watts	332 pts	2700m	325 pts	1132 pts	10th 15< men
Millwood	Kirsty	525m	275 pts	176 watts	452 pts	3000m	400 pts	1127 pts	7th 30-39 female

LAST NAME	FIRST NAME	SWIM DIST	PTS SWIM	BIKE WATTS	BIKE PTS	RUN DIST	RUN PTS	TOTAL SCORE	Category
Bhamra	Harshica	725m	475 pts	109 watts	318 pts	2700m	325 pts	1118 pts	8th 15< female
Baerg	Teresa	650m	400 pts	117 watts	334 pts	2900m	375 pts	1109 pts	5th 40-49 female
Corbell	Hillary	650m	400 pts	113 watts	326 pts	2800m	350 pts	1076 pts	6th 40-49 female
Bhamra	Aikam	675m	425 pts	132 watts	364 pts	2500m	275 pts	1064 pts	9th 15< female
Jarvo	Laurie	600m	350 pts	135 watts	360 pts	2800m	350 pts	1060 pts	7th 40-49 female
Reilly	Pam	625m	375 pts	140 watts	380 pts	2600m	300 pts	1055 pts	8th 40-49 female
Neculoiu	Doris	600m	350 pts	152 watts	404 pts	2600m	300 pts	1054 pts	4th 50-59 female
Anderton	Juliette	850m	600 pts	82 watts	264 pts	1800m	175 pts	1039 pts	1st 70-79 female
Lambert	Madisson	700m	450 pts	82 watts	264 pts	2700m	325 pts	1039 pts	7th 20-29 female
Doyle	Russ	400m	183 pts	161 watts	422 pts	3100m	425 pts	1030 pts	
Butcher	Jordan	600m	350 pts	95 watts	290 pts	2900m	375 pts	1015 pts	11th <15men
Graszat	Maureen	600m	350 pts	102 watts	304 pts	2800m	350 pts	1004 pts	5th 50-59female
Plasentin	Janey	500m	250 pts	174 watts	448 pts	2600m	300 pts	998 pts	9th 40-49 female
Kielley	Jeff	550m	300 pts	163 watts	426 pts	2400m	250 pts	976 pts	6th 60-69 men
Johnston	Bronte	675m	425 pts	103 watt	306 pts	2200m	225 pts	956 pts	8th 20-29 female
Scott	Meghan	625m	375 pts	126 watts	352 pts	2200m	225 pts	952 pts	1st 30-39 female
Copeman	Shaune	575m	325 pts	133 watts	366 pts	2400m	250 pts	941 pts	6th 50-59 female
Kenny	Julian	650m	400 pts	132 watts	364 pts	1800m	175 pts	939 pts	7th 60-69 male
Krzywda	Stella	625m	375 pts	75 watts	250 pts	2500m	275 pts	900 pts	10th 15< female
Knapp	Andrew	575m	325 pts	103 watts	306 pts	2400m	250 pts	881 pts	4th relay team
Taylor	Sheila	600m	350 pts	103 watts	306 pts	1600m	150 pts	806 pts	10th 40-49 female
Palmer	Kiara	575m	325 pts	44 watts	188 pts	2400m	250 pts	763 pts	11th <15 women
Nichol	Denise	625m	375 pts	52 watts	204 pts	1800m	175 pts	754 pts	7th 50-59 female
Nichol	Jim	475m	225 pts	122 watts	344 pts	1800m	175 pts	744 pts	8th 60-69male
Mohler	Chelsea	400m	200 pts	79 watts	258 watts	2000m	200 pts	658 pts	1st blind category